

ACCT Vision:

To inspire (self identified) Chinese Canadians to engage in Canadian society by creating pathways for transformative leadership development towards a more equitable and inclusive Canada.

ACCT Mission:

- Advancing Chinese Canadian civic engagement and leadership development;
- Creating community resources and building capacity; and
- Furthering education on racial equality of minorities including Chinese Canadians.

ACT2EndRacism Network Mission and Principles:

We believe racism is entrenched in Canada's history and present and is hurting all Canadians (whether they recognize it or not). We have a responsibility to fight racism in all its forms for our collective well-being. We recognize and stand in solidarity with other racialized groups including Indigenous and Black communities and stand against Islamophobia while also working to raise awareness of anti-Asian racism and build bridges between all communities.

ACT2EndRacism is a national network of over 50 community organizations and partners across 8 provinces and regions.

Contact Us

Please get in touch with us to learn more.

ACCT Foundation

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A Research-informed Training Program for Settlement and Community Workers

Developed by an IRCC funded project:
Building Anti-racism Capacity Through Mental Health Research, Resources and Training

ACCT
Foundation

ACT2
END
RACISM

Building Anti-Racism Capacity Through Mental Health Research, Resources and Training

Goal of the project:

To increase resiliency and adaptability of the settlement sector and the communities in meeting the mental health needs of East and Southeast Asian Canadians who experience racial trauma.

Advisory Committee:

- The ACCT Foundation
- Faculty of Social Work, University of Calgary
- The Association for Canadian Studies & Metropolis Institute
- Alberta Association of Immigrant Serving Agencies
- Asian Heritage Society of New Brunswick
- Canadian Mental Health Association
- Catholic Crosscultural Services / Toronto East Quadrant Local Immigration Partnership
- Centre for Newcomers Calgary
- Multicultural Association of Fredericton
- Ottawa Chinese Community Services Centre
- Saskatchewan Association of Immigrant Settlement and Integration Agencies
- SUCCESS BC



Scan the QR code to register for the pilot training program!

Or visit: <https://www.surveymonkey.com/r/VN5Z89T>

Key preliminary findings from the research:

- Top 4 racist incidents reported by Asian Canadian respondents are: being blamed for spreading Covid 19 (68%), unfair treatment at work or by people of authority (64%), denial of services (63%), and verbal abuse (50%).
- Top 4 reported impacts of racist incidents are: re-experiencing (85%), avoidance (79%), adverse changes in cognition and mood (71%), and distress and interference (70%).
- Victims of racist incidents are more than twice likely to rely on support from family and friends than to access formal services in dealing with the impact of racism.
- The majority of frontline and community workers surveyed (25 out of 46 or 54%) have not received training or professional development in the past five years on anti-racism.
- There is lack of culturally appropriate mental health services available to Asians who experience racial trauma, and lack of mental health services in other languages than English.

The training program:

- A 15-hour training program for settlement and community workers.
- Outcome: Participants will gain in-depth knowledge about anti-Asian racism and its impact on Asian Canadians' wellbeing. They will develop practical skills to support victims of racism.
- A hybrid online delivery format: 11 hours of self-paced learning and 4 hours of facilitated discussion and reflection.
- The 4-week pilot training will take place May 15 – June 9, 2023 for the first cohort and July 10 – August 4, 2023 for the second cohort.